



Basketball Coach Book

Team

Season

**Basketball Yukon
4061-4 Avenue
Whitehorse Yukon, Y1A1H1
(867) 668-3802**

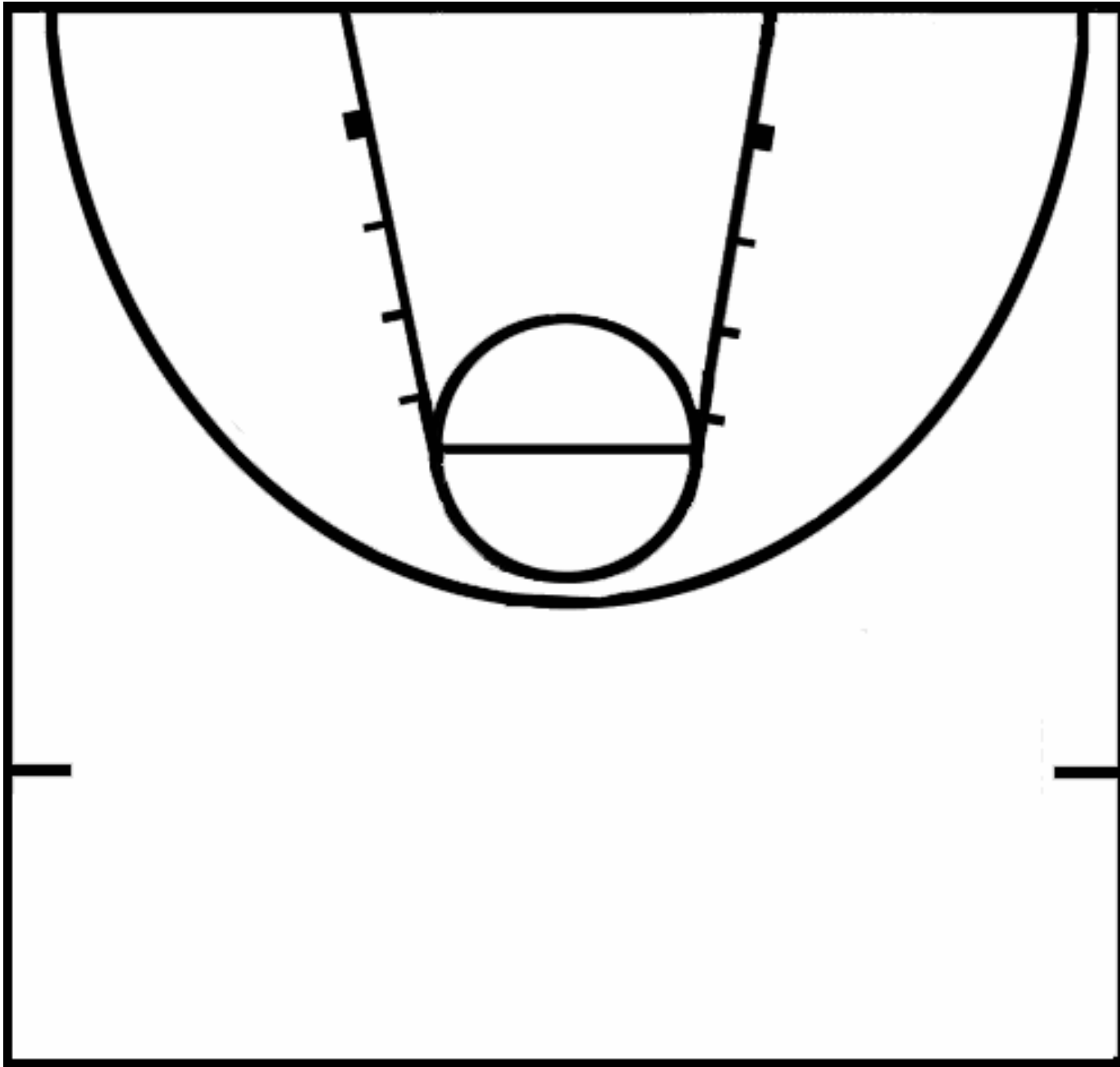
Download your copy of this book for free at www.basketballyukon.ca



Emergency Player Information

Fill this out at the first team practice and keep it with you at all games & practices

#	Player's Name	Home Address	Postal Code	Phone Number	Birthdate (dd/mm/yyyy)	MB Medical Numbers	Emergency Contact & Phone Numbers
1					/ /		Name: Ph:
2					/ /		Name: Ph:
3					/ /		Name: Ph:
4					/ /		Name: Ph:
5					/ /		Name: Ph:
6					/ /		Name: Ph:
7					/ /		Name: Ph:
8					/ /		Name: Ph:
9					/ /		Name: Ph:
10					/ /		Name: Ph:
11					/ /		Name: Ph:
12					/ /		Name: Ph:
13					/ /		Name: Ph:
14					/ /		Name: Ph:
15					/ /		Name: Ph:



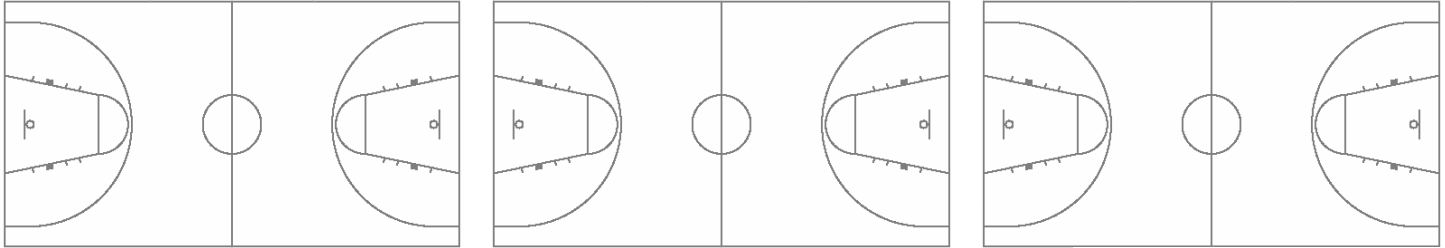


Basketball Practice Plan

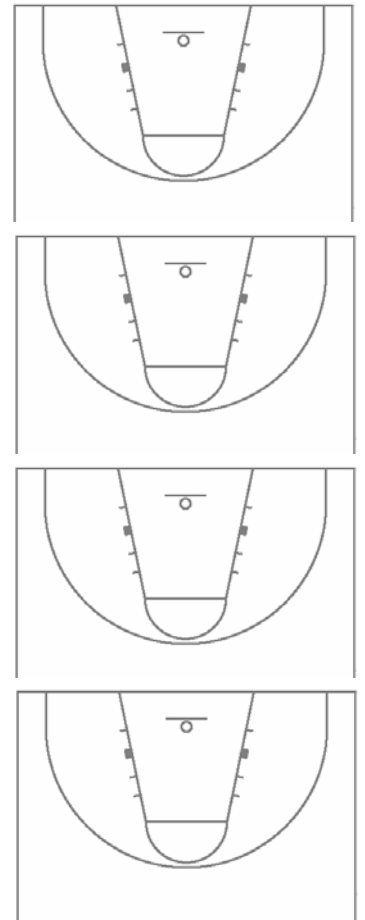
COPIES OF THIS FORM CAN BE DOWNLOADED AT www.basketballyukon.ca

Date: _____ Time: _____ Location: _____ Number _____

Pre-Practice _____



- 5 min _____
- 10 min _____
- 15 min _____
- 20 min _____
- 25 min _____
- 30 min _____
- 35 min _____
- 40 min _____
- 45 min _____
- 50 min _____
- 55 min _____
- 60 min _____
- 65 min _____
- 70 min _____
- 75 min _____
- 80 min _____
- 85 min _____
- 90 min _____



Points of Emphasis _____

Announcements _____

Next Game – Date: _____ Time: _____ Location: _____ Vs: _____

Next Practice – Date: _____ Time: _____ Location: _____

Absentees _____

Notes _____