

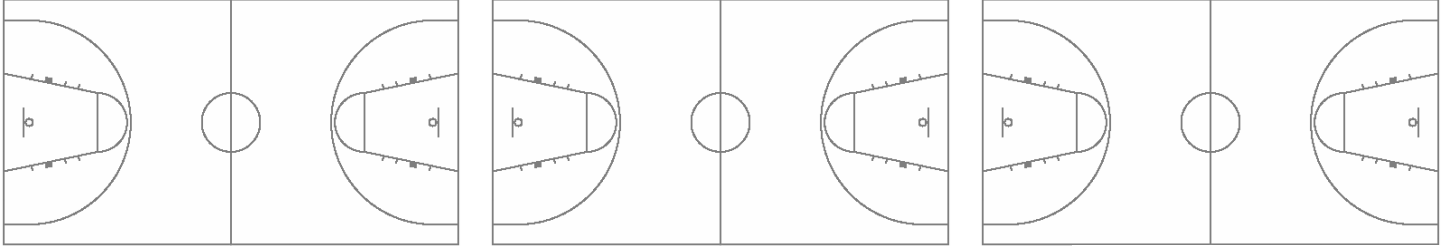


Basketball Practice Plan

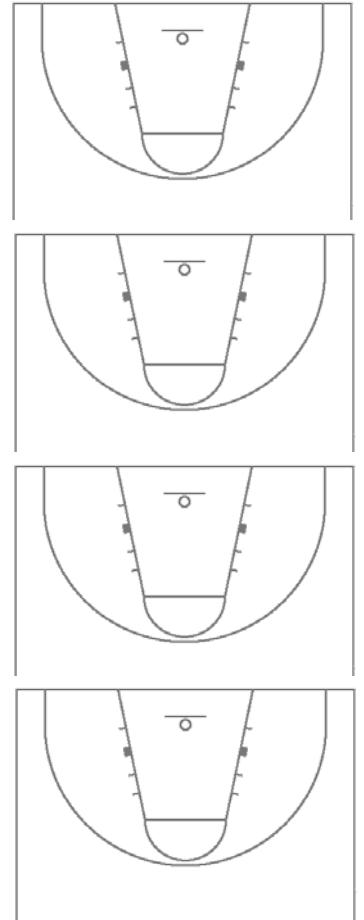
COPIES OF THIS FORM CAN BE DOWNLOADED AT www.basketballyukon.ca

Date: _____ Time: _____ Location: _____ Number _____

Pre-Practice _____



- 5 min _____
- 10 min _____
- 15 min _____
- 20 min _____
- 25 min _____
- 30 min _____
- 35 min _____
- 40 min _____
- 45 min _____
- 50 min _____
- 55 min _____
- 60 min _____
- 65 min _____
- 70 min _____
- 75 min _____
- 80 min _____
- 85 min _____
- 90 min _____



Points of Emphasis _____

Announcements _____

Next Game – Date: _____ Time: _____ Location: _____ Vs: _____

Next Practice – Date: _____ Time: _____ Location: _____

Absentees _____

Notes _____