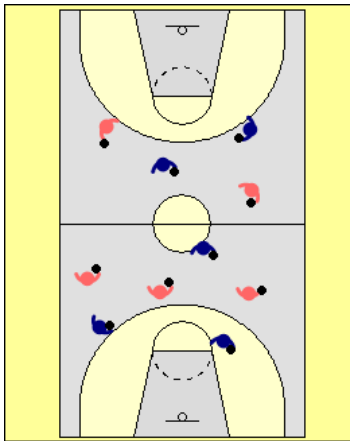
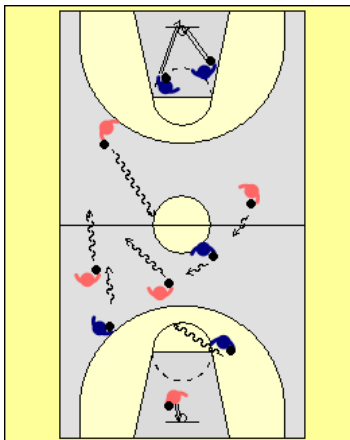


Jail Tag

Here is a fun game for almost any age group. It works best for the late FUNDamental stage (7-8 year olds) and the Learn to Train stage (9-10 year olds). It was sent to me by Keith Andrews of Hants North, Nova Scotia.



Everyone has a ball and has the power of “it”. Divide the players into two teams. It helps if they have on different coloured pinnies. If the light tags the dark, the dark goes to a jail (use the key) and vice versa if the dark tags the light. One key is a jail for each team. To get back in the game the tagged player must make a basket. Modify for the older ones; i.e. a foul shot or maybe two foul shots.



Teaching points:

- Dribble and be in control.
- Keep the head up.

Load the game

- Use your opposite hand only
- Go to jail if you double dribble or travel