

More wisdom from Great Coaches

- Simplify the game as much as possible. When you add, you must subtract." -- Don Meyer
- "Shared suffering makes a team, a team." -- Don Meyer
- "Shared suffering: one guy messes up and everyone runs. One guy does well and everyone benefits." -- Don Meyer
- "Players who are late say that their time is more important than the team." -- Don Meyer
- "Put your two best players away from the ball and bring it back to them." -- Don Meyer
- *"Quickness more than anything else should determine your amount of pressure on the ball." Don Meyer*
- **"The more you lose, the more positive you have to become. When you're winning, you can ride players harder because their self-esteem is high. If you are losing and you try to be tough, you're asking for dissension." -- Rick Pitino**
- *"Failure is good. It's fertilizer. Everything I've learned about coaching I've learned from making mistakes." -- Rick Pitino*
- *"The basic premise of my system is to fatigue your opponents with constant pressure defensively and constant movement offensively." -- Rick Pitino*
- **"Your defense will save you on the nights that your offense isn't working." -- Adolph Rupp**
- **"If a Coach is determined to stay in the coaching profession, he will develop from year to year. This much is true, no coach has a monopoly on the knowledge of basketball. There are no secrets in the game. The only secrets, if there are any, are good teaching of sound fundamentals, intelligent handling of men, a sound system of play, and the ability to instill in the boys a desire to win." -- Adolph Rupp (1948, 1949, 1951, and 1958 Kentucky teams won the NCAA championship)**
- *"Deep down, your players must know you care about them. This is the most important thing. I could never get away with what I do if the players feel I didn't care for them. They know, in the long run, I'm in their corner." -- Bo Schembechler*

- **"Our conditioning program begins the first day of class. The running portion is very demanding. It has physiological advantages, as well as psychological advantages." -- Norm Sloan**
- "Only praise behavior that you want to be repeated. Never use false praise." -- Dean Smith
- "Always have your players go and pick-up the guy who draws the charge." -- Dean Smith
- "Everyone on the bench stands for the man coming out of the game." -- Dean Smith
- "You should sub a player out when you see a player not going full-speed or playing selfish basketball." -- Dean Smith
- "The more your players have to think on the basketball court, the slower their feet get." -- Jerry Tarkanian (1990 UNLV team won the NCAA championship)
- **"The secret is to have eight great players and four others who will cheer like crazy." -- Jerry Tarkan**
- **"Good players can take coaching; great players can take coaching and learn." -- John Wooden**
- **"The better conditioned team will probably win in the long run." -- John Wooden**
- **"Conditioning is essential to success in basketball." -- John Wooden**
- **"I do not want players who do not have a keen desire to win and do not play hard and aggressively to accomplish that objective." -- John Wooden**
- **"We may not be the best conditioned team in the country, but our players think they are." -- John Wooden**